

## **NSQF QUALIFICATION FILE**

**Approved in 3rd NSQC Meeting – NCVET – 20th November, 2020**

**Rationalized in 24<sup>th</sup> NSQC Meeting Date 17<sup>th</sup> November 2022**

<b>Qualification Code</b> <b>2022/HLT/HSSC/06753</b>
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### **CONTACT DETAILS OF THE BODY SUBMITTING THE QUALIFICATION FILE**

#### **Name and address of submitting body:**

Healthcare Sector Skill Council  
Office No. 520-521, 5th Floor, DLF Tower A, Jasola, New Delhi - 110025, India

#### **Name and contact details of individual dealing with the submission**

**Name:** Mr. Ashish Jain

**Position in the organisation:** CEO

**Address if different from above:** Same as above

**Tel number(s):** T: +91-11-41017346, 40505850

**E-mail address:** ashish.jain@healthcare-ssc.in

#### **List of documents submitted in support of the Qualifications File**

1. Qualification Pack HSS/Q3901
2. Model Curriculum containing the following:
  - a. Indicative list of tools/equipment to conduct the training
  - b. Trainers qualification
  - c. Lesson Plan
  - d. Distribution of training duration into theory/practical/OJT component
3. Occupational Map
4. Validation from AYUSH Ministry

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### SUMMARY

1	<b>Qualification Title:</b> Ayurveda Ahara and Poshana Sahayak												
2	<b>Qualification Code, if any:</b> HSS/Q3901												
3	<b>NCO code and occupation:</b> NCO-2015/NIL												
4	<b>Nature and purpose of the qualification (Please specify whether qualification is short term or long term):</b> This is a short-term Qualification. The role holder will assist Ayurveda Dietician and Ayurveda cook in food preparation activities.												
5	<b>Body/bodies which will award the qualification:</b> Healthcare Sector Skill Council												
6	<b>Body which will accredit providers to offer courses leading to the qualification:</b> Healthcare Sector Skill Council												
7	<b>Whether accreditation/affiliation norms are already in place or not , if applicable (if yes, attach a copy) :</b> Yes												
8	<b>Occupation(s) to which the qualification gives access:</b> Ayurveda Diet.												
9	<b>Job description of the occupation:</b> An Ayurveda Ahara & Poshana Sahayak (Ayurveda Diet & Nutrition Assistant) works under the supervision of an Ayurveda Dietician and coordinates with Ayurveda cook for food preparation as per Ayurvedic principles. They also help Ayurveda Dietician in performing basic clerical functions including storekeeping and record maintenance at workplace												
10	<b>Licensing requirements:</b> N/A												
11	<b>Statutory and Regulatory requirement of the relevant sector (documentary evidence to be provided) :</b> N/A												
12	<b>Level of the qualification in the NSQF:</b> Level 3												
13	<b>Anticipated volume of training/learning required to complete the qualification:</b> TH-210 + PR-240 + OJT- 120 + ES- 30 = 600												
14	<b>Indicative list of training tools required to deliver this qualification:</b> <b>Unique Equipment Required: As</b> <table border="1"><thead><tr><th>S.No.</th><th>Name of Instrument/Equipment</th><th>Number</th></tr></thead><tbody><tr><td>1</td><td>Patient Bed</td><td>01</td></tr><tr><td>2</td><td>Patient Chair</td><td>01</td></tr><tr><td>3</td><td>Mock Counselling Set up</td><td>01</td></tr></tbody></table>	S.No.	Name of Instrument/Equipment	Number	1	Patient Bed	01	2	Patient Chair	01	3	Mock Counselling Set up	01
S.No.	Name of Instrument/Equipment	Number											
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4	IEC Material as specified in the curricula such as brochures, pamphlets, leaflets of balanced diet, FAQs sample, diet chart	1 bundle
5	Food items	1 Pack
6	Utensils (All types – Cooking/Serving/Storing)	1 set for 2 student each
7	Personal Protective Equipment (Full Set)	1 Pack for each student
8	Ingredients	1 pack for each student
9	BP Apparatus	02
10	Weighing Machine	02
11	Height Measurement Scale	02
12	Water Inlet for water availability with basin attached	01 for 2 student each
13	Refrigerator	02
14	Microwave	02
15	Gas stove with LPG connection	03
16	Sample Ayurveda Food Diet Packets	05
17	Computer System with internet facility	05
18	3D models of human body and accessory organs, model human skeletal system, organ specimen	02
19	Footstep	01
20	Revolving stool	01
21	Sphygmomanometer	01

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	22	Stethoscope	02
	23	Torch	02
<b>15</b>	<b>Entry requirements and/or recommendations and minimum age:</b> Grade 10 Or Grade 8 with one year of (NTC/ NAC) after 8th Or Grade 8 pass and pursuing continuous schooling in regular school with vocational subject Or 8th grade pass with 1 year of experience minimum age - 18 years		
<b>16</b>	<b>Progression from the qualification (Please show Professional and academic progression) :</b> Ayurveda Ahara and Poshana Sahayak – Panchakarma and Ksharasutra Technician		
<b>17</b>	<b>Arrangements for the Recognition of Prior learning (RPL) :</b> Strategy mentioned in section 22		
<b>18</b>	<b>International comparability where known (research evidence to be provided) :</b> N.A		
<b>19</b>	<b>Date of planned review of the qualification:</b> 20/07/2025		
<b>20</b>	<b>Formal structure of the qualification</b> <b>Mandatory components</b>		
<b>(i)</b>	<b>Title of component and identification code/NOSs/Learning outcomes</b>	<b>Estimated size (learning hours) Including Theory/Practical/OJT/VIV A</b>	<b>Level</b>
	HSS/N3901: Provide support to Ayurveda Dietician in administrative work	60 Hrs	3
	HSS/N3902: Support during cooking procedures in lines with Ayurveda principles	180 Hrs	3
	HSS/N3903: Carry out routine activities in the kitchen	210 Hrs	3

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	HSS/N9615: Maintain interpersonal relationship with client, colleagues, and others	30 Hrs	4
	HSS/N9617: Maintain a safe, healthy and secure working environment	15 Hrs.	4
	HSS/N9620: Comply with infection control and biomedical waste disposal policies	30 Hrs.	4
	Bridge Module	45 Hrs	
	DGT/VSQ/N0101 : Employability Skills (30 Hours)	30 Hrs.	2
	<b>Sub Total (A)</b>	<b>600 Hrs</b> Theory: 210 Hrs, Practical: 240 Hrs, OJT: 120 Hrs ES: 30 Hrs	3
	<b>Optional components (N/A)</b>		
	<b>Total (A+B) :600</b>		

### SECTION 1

### ASSESSMENT

21	<b>Body/Bodies which will carry out assessment:</b> Healthcare Sector Skill Council
22	<b>How will RPL assessment be managed and who will carry it out?</b>  In case it RPL is initiated, then the following strategy will apply.  HSSC conducts QP-NOS based direct three-way assessment for each and every candidate applied for recognition of prior learning (vis. Certifying the un-certified but skilled workforce who acquired skills through experience of years). Here, the candidates may undergo short-term training of gaps identified. The assessment is conducted via HSSC certified assessor. The assessment pattern is as follows:

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### REGISTRATION

The candidates need to submit registration form online along with uploading of scanned copies of some mandatory documents. Based on screening of the form, the candidates would be registered on conforming following eligibility criteria.

**PRE-ASSESSMENT:** The purpose of Pre-assessment is to shortlist candidates as per prescribed limit, and also to notify gaps NOS wise to each candidate for their own self-training or opting for short-term training module before final assessment. The pre-assessment also informs about the reliability of information provided by candidates that they have experience working in the given job role. The pre-assessment is Online, Objective type, NOS based, with Each NOS compulsory each carrying 100 marks, No negative marking for incorrect answers, Test venue is kept as may be home/cybercafé/institution/HSSC assessment centre if the system have google chrome (Version 41.0.2272.101) and a web camera. Timed test link which expires after 90 minutes from the time of starting / writing the test is used for the same. Result is presented with no. of questions allotted and answered correctly for each NOS along with marks scored for each

NOS out of 100.

### PORTFOLIO SCREENING

Each registered candidate has to prepare and submit the portfolio as per formats given by HSSC. The portfolio may be verified by HSSC/nominated assessor during pre-assessment and scoring card is given for each portfolio.

**FINAL ASSESSMENT:** The candidates conforming to RPL guidelines based on both pre-assessment and portfolio screening are finally selected for final assessment. Final assessment is conducted through HSSC accredited Assessing body as per HSSC defined assessment criteria and NOS used for assessment of fresh entrants as described above. Final Assessment is conducted at the training site or at working place in case number of enrolled candidate from the site is more than 15. If needed, Assessment centers is arranged for assessment of candidates in cluster

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**Describe the overall assessment strategy and specific arrangements which have been put in place to ensure that assessment is always valid, reliable and fair and show that these are in line with the requirements of the NSQF.**

The HSSC Accreditation process is divided into two steps:

1) Pre-accreditation process:

- Apply for Accreditation: Application form with desired documents in prescribed format to be sent.
- Document Compliance Check: to be done for ensuring the compliance and adherence of applied assessing body according to criteria laid down by HSSC.
- Presentation on Quality Assurance: to be given by Assessing body highlighting the quality assurance process laid down by AB at the process points
- Once the assessing body clears the due diligence process, the accreditation is given along with terms and conditions.

2) Post-accreditation process: Post accreditation, the accredited assessing bodies needs to fulfill following minimum eligibility criteria or requisites for implementation:

- All Empanelled Assessors would have to undergo “Train the Assessor” Program conducted by HSSC for each job role from time to time.
- Accredited Assessing Body would have to abide with requisite time-lines, policies and regulations declared by HSSC.
- Accredited Assessing Body with times would have to contribute in expansion of the questionnaire.

QA Regarding Assessment Criteria & papers:

The emphasis is on 'learning-by-doing' and practical demonstration of skills and knowledge based on the performance criteria. Accordingly, assessment criteria for each job role is set and made available in qualification pack.

The assessment papers for both theory and practical are developed by Subject Matter Experts (SME) hired by Healthcare Sector Skill Council or with the HSSC accredited Assessment Agency as per the performance and assessment criteria mentioned in the Qualification Pack. The assessments papers are also checked for the various outcome based parameters such as quality, time taken, precision, tools & equipment requirement etc.

The assessment sets as well as assessment criteria are then reviewed by panel of experts from Industry as well as HSSC official for consistency and suitability. The assessments are designed so as to assess maximum parts during the practical hands on work. The technical limitations at the training centres are taken care of during theory and viva.

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All HSSC accredited Assessment Agency follow the "HSSC process of Assessment Framework" and HSSC approved assessment papers. The assessment by assessment agency will be completely based on the assessment criteria as mentioned in the Qualification Pack developed by HSSC.

Each NOS in the Qualification Pack (QP) will be assigned a relative weightage for assessment based on the criticality of the NOS. Therein each Performance Criteria in the NOS will be assigned marks for or practical based on relative importance, criticality of function and training infrastructure.

The following tools are proposed to be used for final assessment:

1 Practical Assessment: This will comprise of a creation of mock environment in the skill lab which is equipped with all equipment's required for the qualification pack.

Candidate's soft skills, communication, aptitude, safety consciousness, quality consciousness etc. will be ascertained by observation and will be marked in observation checklist. The end product will be measured against the specified dimensions and standards to gauge the level of his skill achievements.

2 Viva/Structured Interview: This tool will be used to assess the conceptual understanding and the behavioural aspects with regard to the job role and the specific task at hand. It will also include questions on safety, quality, environment and equipment's etc.

3 Written Test: Under this test few key items which cannot be assessed practically will be assessed. The written assessment will comprise of

- i. True / False Statements
- ii Multiple Choice Questions
- iii Matching Type Questions.
- iv) Fill in the blanks

QA Regarding Assessors:

Assessors are selected as per the "eligibility criteria" laid down by HSSC for assessing each job role. The assessors selected by Assessment Agencies are scrutinized and made to undergo training and introduction to HSSC Assessment Framework, competency based assessments, assessors guide etc. HSSC conducts "Training of Assessors" program from time to time for each job role and sensitize assessors regarding assessment process and strategy which is outlined on following mandatory parameters:

- 1) Guidance regarding NSQF
- 2) Qualification Pack Structure
- 3) Guidance for the assessor to conduct theory, practical and viva assessments
- 4) Guidance for trainees to be given by assessor before the start of the assessments.
- 5) Guidance on assessments process, practical brief with steps of operations practical observation checklist and mark sheet
- 6) Viva guidance for uniformity and consistency across the batch.

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- 7) Mock assessments
- 8) Sample question paper and practical demonstration

HSSC also conduct telephonic orientation of the assessors before each assessment for the given job role to assure quality, fairness and timely conduct of assessment.

The assessment agencies are instructed to hire assessors with integrity, reliability and fairness. Each assessor shall sign a document with its assessment agency by which they commit themselves to comply with the rules of confidentiality and conflict of interest, independence from commercial and other interests that would compromise impartiality of the assessments.

QA before, during and after Assessments:

HSSC ensures pre-requisites of Assessment needed by training institute regarding ARTICLES like Mannequins, Mock Ward Infrastructure, Transferring Equipment, Job role related equipment; INFRASTRUCTURE like Class rooms, Skill Lab, Aids like board/marker/logistics, Furniture like display tables, chairs; STAFF like Co-ordinator from training institute, Peon, Some additional members(for simulated situations, if required); DOCUMENTS like Admit Card, Govt. validated ID proof, Record Books like attendance, log book, internal evaluation sheets, Student Enrolment details; for CO-ORDINATION one full time co-ordination point for co-ordination with assessment coordinator before, during and after assessment.

HSSC ensures the three Phases of Assessment to be assured by assessing body and assessor for fair, consistent and quality assessment.

The three phases of assessment is enlisted below:

PREPARATORY PHASE: Documents ensured to be packed, sent and received: Seal Pack of Sets of Papers, Invigilation Sheet/Covering letter, OMR/Answer sheet; Well Co-ordination needs to be assured between Assessment Co-ordinator of assessing body, HSSC official, Co-ordinator from skill centre and assessor.

PHASE OF CONDUCT:

1) Written Examination:

- Assessor should reach the VTP 30 minutes before the assessment and ensure that all the arrangements are as per the HSSC rules and regulation
- He should make seating arrangement to students leaving minimum 3 feet space between candidates.
- He should make the students sit in the order of seating arrangements.
- The enrolment numbers are to be written on the desks before the arrival of students.

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	<ul style="list-style-type: none"><li>● The details to be filled like assessor name , date and Qualification name should be written on the board</li><li>● Learners should keep all their belongings outside the classroom. All mobiles should be switched off and kept on the desk in front of the invigilator</li><li>● The seal of the assessment materials is opened in front of the students.</li><li>● OMR sheets to be distributed to all learners</li><li>● Assessors should instruct the learners on the rules and regulation of the assessment<ul style="list-style-type: none"><li>▪ No. of questions</li><li>▪ Duration of paper</li><li>▪ Disciplinary rules</li><li>▪ Administrative rules</li></ul></li></ul> <p>2) Attendance:</p> <ul style="list-style-type: none"><li>● The assessor/assessment co-ordinator needs to get signature of all candidates while theory as well as practical examination on invigilation sheet. The sheets are signed and stamped by the In-charge /Head of the Training Centre.</li><li>● The assessor/assessment co-ordinator needs to verify the authenticity of the candidate by checking the photo ID card issued by the institute as well as any one Photo ID card issued by the Central/Government. The same needs to be mentioned in the attendance sheet. In case of suspicion, the assessor should authenticate and cross verify trainee's credentials in the enrolment form.</li><li>● The assessor/assessment co-ordinator needs to punch the trainee's roll number on all the test pieces.</li><li>● The assessor/assessment co-ordinator needs to take a photograph of all the students along with the assessor standing in the middle and with the centre name/banner at the back as evidence.</li><li>● The assessor/assessment co-ordinator needs to carry a camera to click photograph of the trainees working on the job and giving theory exam as evidence.</li><li>● The assessor/assessment co-ordinator also needs to carry a photo ID card.</li><li>● The assessor/assessment co-ordinator also needs to take the photographs as evidence from appropriate angles/sides of the final work piece/job submitted by the trainee. This evidence is signed by the trainee at the time of submission of the job piece.</li></ul>
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- The assessor/assessment co-ordinator needs to measure the dimensions and finish of the submitted job piece as per the tolerance or standards mentioned in the assessment guide.

### 3) Segregate learners into batches:

- Assign combination of one critical and one elementary NOS along with the soft skill NOS
- Allocate time to learner
- Ask learners to be present 5 minutes earlier than the time allotted at the lab

### 4) Conduct Practical Assessments:

- Assign practical task to the learners
- Ask the learner to collect articles and be ready for assessments
- Observe learner conducting the assigned task
- Evaluate and Record observations and marks and in the recording sheets
- You may ask learners question on the task being done

### 5) Conduct Viva:

- Ask questions from the learners on the assigned task
- Ask questions prescribed in the assessment guide on non-prescribed tasks to ensure that the learners have complete knowledge on the assessment

### 6) Collate Results:

- Check written answer scripts
- Sum up the practical NOS marks
- Sum up the viva marks
- Remember to sign off on all sheets where scores are mentioned
- Submit the collated result to assessment body representative/project manager

- 7) Surprise Visits/Surveillance check is kept to ensure the quality and fair assessments.

## POST-ASSESSMENT PHASE

### 1) Verify Result

- Check for accuracy of names and date of birth
- Check for accuracy of marks against each learner

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	<ul style="list-style-type: none"><li>● Ensure that the pass percentage is correctly applied to the result</li><li>● Ensure that the learner has cleared all sections of the assessments in line with the HSSC assessment strategy</li><li>● Check if the excel sheet for each learner is accurately filled and is available for cross referencing with the covering result sheet</li><li>● Each and every result has to get cross-verified by HSSC official</li></ul> <p>2) Upload/Sharing of Results</p> <ul style="list-style-type: none"><li>● Once the results are ready it is uploaded on the SDMS website/portal and verified on the same</li><li>● Or the results are shared to Training institute only by HSSC.</li><li>● In case of any query or issue raised for assessment, the assessments are subjected to re-evaluation as per protocol laid down by HSSC.</li></ul> <p>3) Documentation</p> <ul style="list-style-type: none"><li>● Question papers are kept in secure cupboard with limited and controlled access.</li><li>● Used OMR sheets are to be stored for the next ten years</li></ul> <p>QP should be always current version</p>
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Please attach most relevant and recent documents giving further information about assessment and/or RPL.

Give the titles and other relevant details of the document(s) here. Include page references showing where to find the relevant information.

## ASSESSMENT EVIDENCE

**Complete a grid for each component as listed in “Formal structure of the qualification” in the Summary.**

*NOTE: this grid can be replaced by any part of the qualification documentation which shows the same information – i.e., Learning Outcomes to be assessed, assessment criteria and the means of assessment.*

## Assessment evidences

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**Title of Component:** Ayurveda Ahara and Poshana Sahayak

### Criteria For Assessment Of Trainees

#### Guidelines for Assessment:

1. Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC.
2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC.
3. Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center (as per assessment criteria below).
4. Individual assessment agencies will create unique evaluations for skill practical for every student at each examination/ training center based on these criteria.
5. To pass the Qualification Pack, every trainee should score a minimum of 70% in every NOS.
6. In case of successfully passing only certain number of NOSs, the trainee is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack.
7. In case of unsuccessful completion, the trainee may seek reassessment on the Qualification Pack.

National Occupational Standards	Theory Marks	Practical Marks	Project Marks	Viva Marks	Total Marks
HSS/N3901.Provide support to Ayurveda Dietician in administrative work	70	60	40	40	210
HSS/N3902.Support during cooking procedures in lines with Ayurveda principles	86	90	45	40	261
HSS/N3903.Carry out routine activities in the kitchen.	140	150	65	60	415
HSS/N9615.Maintain interpersonal relationship with client, colleagues, and others	13	-	-	-	13
HSS/N9617.Maintain a safe, healthy and secure working environment	20	-	9	30	59
HSS/N9620.Comply with infection control and biomedical waste disposal policies	21	14	5	16	56
DGT/VSQ/N0101.Employability Skills (30 Hours)	20	30	-	-	50

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Total	370	344	164	186	1064	
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### SECTION 2

#### 25. EVIDENCE OF LEVEL

##### OPTION A

Title/Name of qualification/component: Enter the title here number			Level: Add level
NSQF Domain	Outcomes of the Qualification/Component	How the outcomes relates to the NSQF level descriptors	NSQF Level
Process			
Professional knowledge			
Professional skill			
Core skill			
Responsibility			

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### OPTION B

Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak		Level: 3	
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
Process	<p><b>Work in familiar, predictable, routine, situation of clear choice.</b></p> <ul style="list-style-type: none"><li>• Assist the Ayurveda Dietician in diet plan</li><li>• Carry out routine activities in kitchen for food preparation procedure</li><li>• Aid Ayurveda cook in cooking procedures</li><li>• Maintain documents and records</li><li>• Maintain a safe, healthy, and secure working environment</li><li>• Follow infection control policies &amp; procedures including biomedical waste disposal Protocols</li><li>• conduct appropriate documentation and record maintenance</li></ul>	<p>Ayurveda Ahara and Poshana Sahayak works in familiar, predictable, routine, and situation of clear choice.</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	3

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Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak		Level: 3	
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
	<ul style="list-style-type: none"><li>● identify any problems with team members and other people and take the initiative to solve these problems</li><li>● work within organizational systems and requirements as appropriate to one's role</li><li>● maintain competence within one's role and field of practice</li><li>● evaluate and reflect on the quality of one's work and make continuing improvements</li><li>● maintain competence within one's role and field of practice</li><li>● evaluate and reflect on the quality of one's work and make continuing improvements</li><li>● identify potential hazards and breaches of safe work practices</li></ul>		

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Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak		Level: 3	
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
Professional knowledge	<p><b>Factual knowledge of field of knowledge or study.</b></p> <ul style="list-style-type: none"> <li>● Preparing the kitchen for pre, during and post food preparation requirements.</li> <li>● Provide support to Ayurveda dietician during client management</li> <li>● Provide dietary information to the client</li> <li>● Equipment maintenance and storage</li> <li>● Complying the health, safety and security requirements and procedures for workplace</li> <li>● Handling hazardous situation</li> <li>● Reporting any hazardous situation</li> <li>● classification of the Waste Generated, Segregation of Biomedical Waste, Proper collection and storage of Waste</li> <li>● Complying with and effective infection control protocols</li> </ul>	<p>Ayurveda Ahara and Poshana Sahayak should possess the practical and factual knowledge of his field.</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	3

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NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
	<ul style="list-style-type: none"><li>● Maintaining personal protection and preventing the transmission of infections from person to person</li><li>● what constitutes breach of confidentiality in relation to patient medical records</li><li>● likely implications of disclosure of any information to unauthorized persons</li><li>● conduct research and perform market analysis on quality standards</li><li>● apply human needs/motivational theory</li><li>● provide thorough and efficient individualized care</li><li>● complete hospital related ethical procedures</li><li>● respond to queries and information needs of all individuals</li><li>● carry out any commitments made to other people</li></ul>		

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Approved in 3rd NSQC Meeting – NCVET – 20th November, 2020

Rationalized in 24<sup>th</sup> NSQC Meeting Date 17<sup>th</sup> November 2022

Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak			Level: 3
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
	<ul style="list-style-type: none"> <li>how to report and minimize risks</li> <li>one's job role and job responsibility</li> <li>identify potential hazards and breaches of safe work practices</li> <li>the importance to adhere to the organizational and bio medical waste management principles and procedures</li> </ul>		
Professional skill	<p><b>Recall and demonstrate practical skill, routine and repetitive in narrow range of application, using appropriate rule and tool, using quality concepts</b></p> <ul style="list-style-type: none"> <li>document task lists and schedules</li> <li>communicate information (for example, facts, ideas, or messages) in a brief, clear, and organized manner</li> <li>interpret written material, including technical documents, rules, regulations, instructions, reports, charts, graphs, or tables</li> <li>read scanned instructions in notes attached to patients' files</li> </ul>	<p>Ayurveda Ahara and Poshana Sahayk should have practical skills which are routine and repetitive and should use quality concepts.</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	3

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Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak			Level: 3
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
	<ul style="list-style-type: none"> <li>● read protocol updates and hospital policy changes</li> <li>● discuss task lists, schedules, and workloads with co-workers</li> <li>● build customer relationships and use customer centric approach</li> <li>● confirm that the needs of the individual have been met</li> <li>● ensure his/her work meets the agreed requirements</li> </ul>		
Core skill	<p><b>Language to communicate written or oral, with required clarity</b></p> <ul style="list-style-type: none"> <li>● report any identified breaches in health, safety, and security procedures to the designated person</li> <li>● carry out any commitments made to other people</li> <li>● respond to queries and information needs of all individuals</li> </ul>	<p>The Ayurveda Ahara and Poshana Sahayak should have good communication skills both written and oral. He/ She should be able to solve basic arithmetic and algebraic principles and should have better understanding of social political and natural environment.</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	3

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Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak		Level: 3	
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
	<ul style="list-style-type: none"><li>● carry out any commitments made to other people</li></ul> <b>skill to basic arithmetic and algebraic principles</b> <ul style="list-style-type: none"><li>● record the statistics weekly, monthly, yearly</li><li>● maintain the statistics depending on the information gathered for each case</li></ul> <b>basic understanding of social political and natural environment.</b> <ul style="list-style-type: none"><li>● follow the organization's emergency procedures promptly, calmly, and efficiently</li><li>● report any identified breaches in health, safety, and security procedures to the designated person</li></ul>		

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Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak			Level: 3
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
Responsibility	<ul style="list-style-type: none"> <li>● identify and recommend opportunities for improving health, safety, and security to the designated person</li> </ul> <p><b>Responsibility for own work and learning.</b></p> <ul style="list-style-type: none"> <li>● Preparing the kitchen for pre, during and post food preparation requirements.</li> <li>● Provide support to Ayurveda dietician during client management</li> <li>● Aid Ayurveda cook in cooking procedures</li> <li>● Provide dietary information to the client</li> <li>● Equipment maintenance and storage</li> <li>● collect the patient records from concerned personnel/department</li> <li>● maintain and record the data for patients</li> <li>● enter the medical records in Hospital Information System</li> </ul>	<p>The Ayurveda Ahara and Poshana Sahayak should know to take responsibility of own work and learning.</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	3

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Title/Name of qualification/component: Ayurveda Ahara and Poshana Sahayak		Level: 3	
NSQF Domain	Key requirements of the job role	How the job role relates to the NSQF level descriptors	NSQF Level
	<ul style="list-style-type: none"><li>● provide updated medical record to concerned authorities as per the regulations and policies</li><li>● complete any health and safety records legibly and accurately</li><li>● identify and recommend opportunities for improving health, safety, and security to the designated person</li><li>● promote and demonstrate good practice as an individual and as a team member at all times</li><li>● identify and manage potential and actual risks to the quality and safety of practice</li></ul>		

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### SECTION 3

#### EVIDENCE OF NEED

<b>26</b>	<b>What evidence is there that the qualification is needed? What is the estimated uptake of this qualification and what is the basis of this estimate?</b>		
	<b>Basis</b>	<b>In case of SSC</b>	<b>In case of other Awarding Bodies (Institutes under Central Ministries and states departments)</b>
	<b>Need of the qualification</b>	There is a huge demand for skilled professional in AYUSH Sector. As per requirements under Champion Sector, AYUSH Ministry is targeting to train and certify 1 lakh professional in 3 years' time.	
	<b>Industry Relevance</b>	The job role is huge in requirement by the industry	
	<b>Usage of the qualification</b>	It would be used by the training institute for new trainings/For employers to conduct RPL and for annual Appraisal	
	<b>Estimated uptake</b>	Initially 4 to 5 batches are expected under new trainings	
<b>27</b>	<b>Recommendation from the concerned Line Ministry of the Government/Regulatory Body. To be supported by documentary evidences</b> <ul style="list-style-type: none"><li>• The document is developed in consultation with AYUSH Ministry. The experts were identified by AYUSH Ministry for drafting the qualification.</li></ul>		

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	<ul style="list-style-type: none"><li>● Approval for qualification from Ministry of AYUSH is attached</li></ul>
28	<p><b>What steps were taken to ensure that the qualification(s) does (do) not duplicate already existing or planned qualifications in the NSQF? Give justification for presenting a duplicate qualification</b></p> <ul style="list-style-type: none"><li>● NSDC list of Approved and Under-Development QPs was checked prior to commissioning the work Is being sent to NSDC QRC team for the confirmation of the same</li><li>● No such qualification exists in NQR</li></ul>
29	<p><b>What arrangements are in place to monitor and review the qualification(s)? What data will be used and at what point will the qualification(s) be revised or updated? Specify the review process here</b></p> <ul style="list-style-type: none"><li>● Agencies/personnel would be appointed by the HSSC to interact with training providers, employers, assessors to gather feedback in implementation.</li><li>● Monitoring of results of assessments, training delivery</li><li>● Employer feedback will be sought post-placement</li><li>● A formal review is scheduled in three year time</li></ul>

Please attach most relevant and recent documents giving further information about any of the topics above.

Give the titles and other relevant details of the document(s) here. Include page references showing where to find the relevant information.

### SECTION 4

#### EVIDENCE OF PROGRESSION

30	<p><b>What steps have been taken in the design of this or other qualifications to ensure that there is a clear path to other qualifications in this sector?</b></p>
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Please attach most relevant and recent documents giving further information about any of the topics above.

# NSQF QUALIFICATION FILE

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Give the titles and other relevant details of the document(s) here. Include page references showing where to find the relevant information.

## 1. Occupational Map - Annexure 3 attached

